

DECLARATION OF PREGNANCY*

I, _____, in accordance with the State of Utah's regulations, R313-15-208
(Full Name)
regarding pregnant radiation workers, am declaring that I am pregnant. I would like to
continue my current work assignment in the _____ Department at the University
of Utah. I believe I became pregnant in _____. My estimated date of delivery is
(month/year)
_____.
(month/year)

I understand the radiation dose to my embryo/fetus during my entire pregnancy will not
be allowed to exceed 500 mrem (5 mSV). I also understand that meeting this dose limit
may require a change in my job responsibilities during pregnancy.

Signed _____

Date _____

Dept. Address _____

Phone _____

*The NRC and State defines a declared pregnant woman as "a woman who has
voluntarily informed her employer in writing of her pregnancy and the estimated date of
conception." Only the month and year need be provided.

Note that you may "undeclare" your pregnancy by notifying the Radiological Health
Department in writing

**Radiological Health reserves the option to deem that this declaration of pregnancy
has lapsed and no longer is in effect on the earlier of either: 1) 60 days after the
estimated date of delivery designated by the declarant on the form of declaration; or
2) one year after the date of receipt of the above Declaration Form at Radiological
Health office.**